

TELEMEDICINE TALES | TAIWAN

The Head and the Heart



THE CONCERN

We've all heard the phrase, "Distance makes the heart grow fonder." It's a tender sentiment that conjures images of high school sweethearts gazing through bedroom windows, daydreaming of their partner across town. It's a nice thought, however, the longer the distance and the fonder the heart, the more stress can be put on a relationship—stress that can invade other aspects of life and soon overwhelm a loved one. That was the case for an exchange student who left the U.S. to study in Taiwan. As her depression grew, she looked for professional help through our Global TeleMD™ app.



THE CONSULTATION

Anyone who has spent time in an unfamiliar city understands the level of mental and physical energy it takes to navigate the space. Getting to a pharmacy or grocery store can be exhausting, especially for someone battling depression where simply getting out of bed can be a struggle. It's instances like this that virtual options for care, like Global TeleMD, are invaluable. The woman arranged a remote consultation with an English-speaking physician. The doctor was able to provide her with advice on mental health coping strategies and provided a referral letter for a local psychiatrist so the student could further discuss treatment options.



THE CONCLUSION

With the expert advice of a licensed physician, our member was able to get the support she needed and find direction far away from home. **When access to local healthcare prevents members from receiving help, our Global TeleMD app provides a direct line to high-quality, English-speaking physicians and a familiar sense of security miles away from home.**



Global TeleMD

Our Global TeleMD smartphone app simplifies the international healthcare experience by providing access to confidential, high-quality, remote care anytime, anywhere in the world.

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